

# HEARTS AND FLOWERS

Count: 32      Wall: 4      Level: beginner

Choreographer: Adrian Churm

Music: Hearts And Flowers by Dave Sheriff



## HEEL DIGS, COASTER STEP, HEEL DIGS, COASTER STEP.

- 1-2                      Touch right heel forward twice  
3&4                     Step back right, step left beside right, step right forward  
5-6                     Touch left heel forward twice  
7&8                     Step back left. Step right beside left, step forward left.

## RIGHT SHUFFLE, LEFT SHUFFLE, CROSS ROCK & SHUFFLE ½ TURN RIGHT

- 9&10                    Step forward right, close left beside right, step forward right.  
11&12                  Step forward left, close right beside left, step forward left  
13-14                  Cross rock right over left, rock back onto left  
Steps 15 - 18 travel towards back wall  
15-16                  Shuffle step ½ turn right, stepping - right, left, right.

## LEFT SHUFFLE ½ TURN RIGHT, COASTER STEP, CHARLESTON STEPS.

- 17&18                  Shuffle ½ turn right stepping - left, right, left.  
19&20                  Step back on right, step left beside right, step forward right.  
21-22                  Step forward left. Touch right toe forward.  
23-24                  Step right toe back, touch left toe back.

## CHARLESTON STEPS, HEEL TOE TOUCHES, ¼ TURN LEFT

- 25-26                  Step forward left, swing right foot forward, touching right toe forward  
27-28                  Step right toe back, touch left toe back.  
29-30                  Touch left heel forward, touch left toe back  
31                        Left foot step ¼ turn to the left  
32                        Right foot touch next to left foot

**REPEAT**