

Cykelen

32 Count 4 Walls Beginner

Choreographed by: Ulla Engström (SE)

Choreographed to: Cykeln E Nyckelen on 13 rÅtt nya lÅtar by Danne StrÅhed

Intro: 32 Style: Pop / Disco

Count	Footwork
1	Right rumba box hold, left rumba box hold
1-2-3-4	Step right to right side, step left together , step right forward, hold for one count
5-6-7-8	Step left to left side, step right together, step left back, hold for one count
2	Side, in front, 1/4 turn left, kick, slow coasterstep, hold for one count
1-2-3-4	Step right to right side, step left in front of right, turn 1/4 left stepping right back, kick left forward
5-6-7-8	Step left back, step right beside left, step left forward, hold for one count
3	Slow lockstep forward right, scuff, Slow lockstep forward left, scuff
1-2-3-4	Step right forward, lock left behind right, step right forward, scuff left heel
5-6-7-8	Step left forward, lock right behind left, step left forward, scuff right heel
4	Step 1/2 turn, step, hold, trippel full turn hold
1-2-3-4	Step right forward, make a 1/2 turn over the left shoulder (weight on left) step right forward, hold for one count
5-6-7-8	Turn 1/2 right stepping back on left, turn 1/2 right stepping forward on right, step left forward, hold for one count
	START AGAIN HAVE FUN