



Approved by:



No Man's Land

2 WALL – 32 COUNTS – INTERMEDIATE

STEPS	ACTUAL FOOTWORK	CALLING SUGGESTION	DIRECTION
Section 1 1 – 2 & 3 4 & 5 – 6 & 7 8 & 1	Side, Behind, 1/4 Turn, 1/4 Turn, Sailor 1/4 Turn, Full Turn, Back, Coaster Cross Step right to right side. Cross left behind right. Turn 1/4 right and step right forward. Turn 1/4 right stepping left to left side. (6:00) Cross right behind left turning 1/4 right. Step left beside right. (9:00) Step right forward. Pivot 1/2 turn left. (3:00) Turn 1/2 left stepping right small step back. Step left small step back. (9:00) Step right back. Step left beside right. Step right forward and across left.	Side Behind Quarter Quarter Quarter Together Step Pivot Half Back Coaster Cross	Turning right Turning left Forward
Section 2 2 & 3 4 & 5 6 7 8 &	Side Rock, Cross, 1/4 Turn, 1/2 Turn, Point, 1/2 Turn/Sweep, Cross, Side, Cross Rock left to side. Recover onto right. Step left forward and across right. Turn 1/4 left stepping right back. Turn 1/2 left stepping left forward. Point right to side. Turn 1/4 right stepping right forward and sweeping left into another 1/4 turn right. Cross left over right. (6:00) Step right to right side. Cross left over right.	Side Rock Cross Three Quarter Point Half Sweep Cross Side Cross	Forward Turning left Turning right Right
Section 3 1 – 2 & 3 – 4 & 5 – 6 & 7 & 8 & 1	Basic Right, Side, Behind, 1/4, Side, Behind, Side, Cross Rock, Side Rock, Behind Step right to right side. Rock back on left. Recover onto right. Step left to left side. Cross right behind left. Turn 1/4 left stepping left forward. (3:00) Step right to right side. Cross left behind right. Step right to right side. Cross rock left over right. Recover onto right. Rock left to side. Recover onto right. Cross left behind right sweeping right to back.	Side Rock Back Side Behind Quarter Side Behind Side Cross Rock Side Rock Behind	Right Turning left Right On the spot Right
Section 4 2 – 3 4 & Restart Tag/Restart 5 – 6 7 & 8 &	Back Rock, Step, Pivot 3/4, Side, Touch, Back, Kick Ball Cross Rock back on right. Recover onto left. Step right forward. Pivot 3/4 turn left. (6:00) Wall 1: Start the dance again from the beginning (facing 6:00). Wall 6: Add 2-count Tag then Restart the dance (facing 12:00). Step right to right side. Angling body left, point left to left diagonal. (Straightening up to wall) Step left back. Kick right forward to right diagonal. Step right beside left. Cross left over right.	Rock Back Step Three Quarter Side Touch Back Kick Ball Coss	On the spot Turning left Right Back On the spot
Tag 1 – 2	Wall 6: After count 28 add 2 Sways Step right to side and sway right. Sway left (weight onto left). Then start the dance again from the beginning.	Sway Sway	On the spot

Choreographed by: Ria Vos (NL) July 2013

Choreographed to: 'No Man's Land' by LeAnne Mitchell from CD LeAnne Mitchell (Deluxe); download available from amazon or iTunes (8 count intro, approx 10 secs)

Restart/Tag: There is one Restart during Wall 1, and one Tag during Wall 6



A video clip of this dance is available at www.linedancermagazine.com